

| Article Ideas on Empowering People* | Article Ideas on Amplifying Success* | Article Ideas on Building Community* |
|--|---|--|
| Gender, Race, Age issues in the workplace | Descriptions of Learning Management Systems being used in specific fields. | Write about your job, volunteer work or field (why you like it, what you don't like about it, how to get into that field, and recommendations) |
| Psychology of Empowerment & Disempowerment | Introduction and analysis of psychometric assessments pertaining to performance. | Biographical article about a significant transition in life & how it affected your role, life, career, relationships, self, or leadership. |
| Benefits of Coaching in a particular group (e.g, executives, couples, nurses, engineers, etc.) | Highlight story of one or more coaching clients and how coaching worked. (must have express written permission from each client allowing you to highlight their story) | How-to articles about how you mentored others where "you have gone before" |
| Training New Leaders and Leader Development Programs | Discussion of Training Programs for entrepreneurs, small businesses, next wave of workers, corporations, or nonprofits | Experience Volunteering or Serving on a Board; Roles, Responsibility, and Outcomes |
| Worker satisfaction and performance | Career Hunt and Interview Success Strategies | Professional, Associations, & Business Networking opportunities & techniques |
| Identifying Success in Life Coaching | Issues & Emerging Human Resources Trends | How-to articles on friendships & forming functioning groups based on interest |
| Issues of Stress and Risk Management | Team Development and Effectiveness | All about being involved in Colleges, University, & Alumni Communities (comparisons, how-to be involved, health issues, programs, clubs, professionalism vs school life) |

Writer Deadline: See chart below, but know that we won't be militant about this. We'll work with you to best represent us both.

Article Length: 600 – 1500 words with main points or sections (if any) in bold

Submissions: Word format attachment for ease of editing & printing, not drive access documents.

Series ideas: Minimum of two articles & Maximum of five articles, must be submitted all at once for scheduling posts

Required: Your short biography, your professional photo, and your company logo

Graphics: If you provide some, they must adhere to copyright regulations and be of good quality to attach to or include in articles (We will provide these if none are submitted)

Editing: Our editor will suggest edits and must be resolved within two weeks in order for the article to meet its deadline or it may publish later **Rights:** Complete Writers Release Form prior to submission and publication.

^{*} These are mere suggestions to spark your creativity on possible coaching topics. If you have other ideas, we're open to that.



| Deadlines, Generally | Initial Editing Resolve Dates (can be longer) | Scheduled Posts – Public (Mondays) | Social Media Posts/Promotion (both parties) |
|----------------------------|--|---------------------------------------|---|
| January 15 th | January 31st | March + | March/April |
| February 15 th | February 28 th | April + | April/May |
| March 15 th | March 30 th | May + | May/June |
| April 15 th | April 30 th | June + | June/July |
| May 15 th | May 31st | July + | July/August |
| June 15 th | June 30 th | August + | August/September |
| July 15 th | July 31 st | September + | September/October |
| August 15 th | August 30 th | October + | October/November |
| September 15 th | September 30 th | November + | November/December |
| October 15 th | October 30 th | December + | December/January |
| November 15 th | November 30 th | January + | January/February |



A-Squared LAMP Groups Author/Writer Release Form

Please complete and sign the release below. Scan using a phone app like CamScanner or other device and send to connect@asquaredlamps.org along with (1) the article(s) and (2) your 100-word or less bio, and (3) your photo. Alternatively, they may all be mailed to: A-Squared LAMP Groups c/o Guest Writers, PO Box 5331, Hacienda Heights, CA 91745.

| RELEASE AND PERMISSION TO PUBLISH. I am the author/writer of the article(s) listed below and entitled: | | | | |
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